Coherent states and harmonic oscillator: solution

a) Since $a|0\rangle = 0 = 0|0\rangle$, the vacuum is a coherent state of eigenvalue zero. Using $\hat{x} = \frac{1}{\sqrt{2}}(a^{\dagger} + a)$ and $\hat{p} = \frac{i}{\sqrt{2}}(a^{\dagger} - a)$, the averages are variances are computed as follows:

$$\begin{split} \bar{x} &= \langle 0 | \hat{x} | 0 \rangle = \frac{1}{\sqrt{2}} \left((\langle 0 | a^\dagger) | 0 \rangle + \langle 0 | (a | 0 \rangle) \right) = 0 + 0 = 0, \\ \bar{p} &= \langle 0 | \hat{x} | 0 \rangle = \frac{i}{\sqrt{2}} \left((\langle 0 | a^\dagger) | 0 \rangle - \langle 0 | (a | 0 \rangle) \right) = 0 - 0 = 0, \\ \Delta x^2 &= \langle 0 | \hat{x}^2 | 0 \rangle = \frac{1}{2} \langle 0 | (a^\dagger + a)^2 | 0 \rangle = \frac{1}{2} \langle 0 | \left((a^\dagger)^2 + a^2 + 2a^\dagger a + 1 \right) | 0 \rangle = \frac{1}{2}, \\ \Delta p^2 &= \langle 0 | \hat{x}^2 | 0 \rangle = \frac{-1}{2} \langle 0 | (a^\dagger - a)^2 | 0 \rangle = \frac{-1}{2} \langle 0 | \left((a^\dagger)^2 + a^2 - 2a^\dagger a - 1 \right) | 0 \rangle = \frac{1}{2}, \end{split}$$

where we have used the dual relation $\langle 0|a^{\dagger}=0$ and normal-ordered the aa^{\dagger} terms as $a^{\dagger}a+1$. We therefore get $\Delta x \Delta p = 1/2$, so we saturate the Heisenberg relation.

b) We can write $T(\alpha) = e^{-i\alpha\hat{p}} = e^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)}$. Using the CBH formula with A = a, $B = a^{\dagger} - a$ and $\lambda = \frac{\alpha}{\sqrt{2}}$, we can write

$$ae^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)} = \left[a, e^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)}\right] + e^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)}a = \frac{\alpha}{\sqrt{2}}e^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)} + e^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)}a.$$

Thus, applying this on $|0\rangle$ and using the fact that the vacuum is a coherent state with zero eigenvalue, we get

$$aT(\alpha)|0\rangle = \frac{\alpha}{\sqrt{2}}T(\alpha)|0\rangle + T(\alpha)a|0\rangle = \frac{\alpha}{\sqrt{2}}T(\alpha)|0\rangle$$

so $T(\alpha)|0\rangle$ is a coherent state with eigenvalue $\frac{\alpha}{\sqrt{2}}$. The normalization is given by

$$\langle 0|T^{\dagger}(\alpha)T(\alpha)|0\rangle = \langle 0|e^{\frac{\alpha}{\sqrt{2}}(a-a^{\dagger})}e^{\frac{\alpha}{\sqrt{2}}(a^{\dagger}-a)}|0\rangle = \langle 0|1|0\rangle = 1$$

where we have used that $T^{\dagger}T=1$ as seen from CBH with $A=-B=\frac{\alpha}{\sqrt{2}}(a-a^{\dagger})$ ([A, B] is then trivially 0).

The averages and variances are computed as follows, using this last result and its dual $\langle 0|T^{\dagger}(\alpha)a^{\dagger}=\frac{\alpha}{\sqrt{2}}\langle 0|T^{\dagger}(\alpha)$:

$$\begin{split} \bar{x} &= \frac{1}{\sqrt{2}} \langle 0 | T^{\dagger}(\alpha) (a^{\dagger} + a) T(\alpha) | 0 \rangle = \frac{2}{\sqrt{2}} \frac{\alpha}{\sqrt{2}} = \alpha, \quad \bar{p} &= \frac{i}{\sqrt{2}} \langle 0 | T^{\dagger}(\alpha) (a^{\dagger} - a) T(\alpha) | 0 \rangle = \frac{(1-1)}{\sqrt{2}} \frac{\alpha}{\sqrt{2}} = 0, \\ \Delta x^2 &= \langle \hat{x}^2 \rangle - \bar{x}^2 = \frac{1}{2} \langle 0 | T^{\dagger}(\alpha) \left((a^{\dagger})^2 + a^2 + 2a^{\dagger}a + 1 \right) T(\alpha) | 0 \rangle - \alpha^2 = \frac{1}{2} (\frac{\alpha^2}{2} + \frac{\alpha^2}{2} + 2\frac{\alpha^2}{2} + 1) - \alpha^2 = \frac{1}{2}, \\ \Delta p^2 &= \frac{-1}{2} \langle 0 | T^{\dagger}(\alpha) \left((a^{\dagger})^2 + a^2 - 2a^{\dagger}a - 1 \right) T(\alpha) | 0 \rangle = \frac{-1}{2} (\frac{\alpha^2}{2} + \frac{\alpha^2}{2} - 2\frac{\alpha^2}{2} - 1) = \frac{1}{2}, \end{split}$$

so Heisenberg's relation is still optimized.

c) Normalization: again, use CBH with $A = -za^{\dagger} + z^*a = -B$ to get $\langle 0|e^{-z^*a+z^*a^{\dagger}}e^{za^{\dagger}-z^*a}|0\rangle = 1$. The state behaves like a coherent state since

$$ae^{za^{\dagger}-z^*a}|0\rangle = \left([a,e^{za^{\dagger}-z^*a}] + e^{za^{\dagger}-z^*a}a\right)|0\rangle = [a,za^{\dagger}-z^*a]e^{za^{\dagger}-z^*a}|0\rangle + 0 = ze^{za^{\dagger}-z^*a}|0\rangle.$$

The averages and variances are thus, using the notation $e^{za^{\dagger}-z^*a}|0\rangle \equiv |z\rangle$ such that $a|z\rangle = z|z\rangle$, $\langle z|a^{\dagger}=z^*\langle z|$:

$$\begin{split} \bar{x} &= \langle z | \frac{1}{\sqrt{2}} (a^\dagger + a) | z \rangle = \frac{z^* + z}{\sqrt{2}}, \quad \bar{p} = \langle z | \frac{i}{\sqrt{2}} (a^\dagger - a) | z \rangle = i \frac{z^* - z}{\sqrt{2}}, \\ \Delta x^2 &= \frac{1}{2} \langle z | \left((a^\dagger)^2 + a^2 + 2a^\dagger a + 1 \right) | z \rangle - \bar{x}^2 = \frac{1}{2} \left((z^*)^2 + z^2 + 2 | z |^2 + 1 \right) - \frac{(z^* + z)^2}{2} = \frac{1}{2}, \\ \Delta p^2 &= \frac{-1}{2} \langle z | \left((a^\dagger)^2 + a^2 - 2a^\dagger a - 1 \right) | z \rangle - \bar{p}^2 = \frac{-1}{2} \left((z^*)^2 + z^2 - 2 | z |^2 - 1 \right) + \frac{(z^* - z)^2}{2} = \frac{1}{2}, \end{split}$$

so Heisenberg's relation is still optimized.